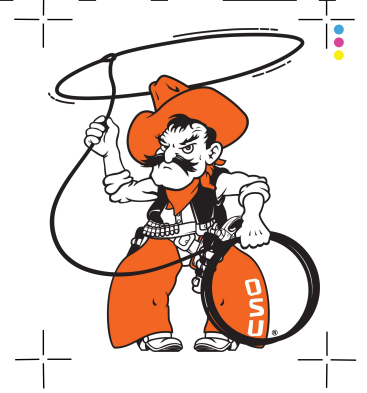


LASSO Center Academic Resources

LASSO CENTER



Finals Prep

Free Calendar Print Out!

Get Organized with Our Handouts
+ Plan Your Success

LASSO Center
021 Classroom Building
lasso.okstate.edu

Brain Breaks included

Take Care of You
And Your Grades



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DON'T FREAK OUT!!

We know how easy it is for things to pile up during finals week. The LASSO team has put this packet together to help you get organized! Grab all your syllabi and start thinking about all the materials you will need to study.

EXAMPLE

Course: <i>Art of Michelangelo</i>	Cumulative Exam? Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	What materials do you need to study for this class?
Exam date : <i>4/28/23</i>	Grade you want? <i>need a B C</i>	<i>that smaller book we never used</i>
Time: <i>2pm</i>		<i>flashcards</i> <i>notes</i> <i>copy notes from Jess</i> reprint the articles

Course:	Cumulative Exam? Yes <input type="checkbox"/> No <input type="checkbox"/>	What materials do you need to study for this class?
Exam date : / /	Grade you want?	
Time:		

Course:	Cumulative Exam? Yes <input type="checkbox"/> No <input type="checkbox"/>	What materials do you need to study for this class?
Exam date : / /	Grade you want?	
Time:		

Course:	Cumulative Exam? Yes <input type="checkbox"/> No <input type="checkbox"/>	What materials do you need to study for this class?
Exam date : / /	Grade you want?	
Time:		

Course:	Cumulative Exam? Yes No	What materials do you need to study for this class?
Exam date : / /	Grade you want?	
Time:		

Course:	Cumulative Exam? Yes No	What materials do you need to study for this class?
Exam date : / /	Grade you want?	
Time:		

Course:	Cumulative Exam? Yes No	What materials do you need to study for this class?
Exam date : / /	Grade you want?	
Time:		

Course:	Cumulative Exam? Yes No	What materials do you need to study for this class?
Exam date : / /	Grade you want?	
Time:		

Use the back of this page to map out all your finals. It might help you to visualise and plan for your week ahead!



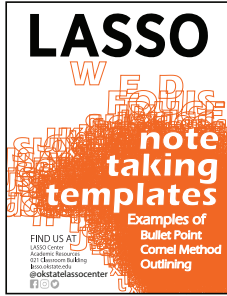
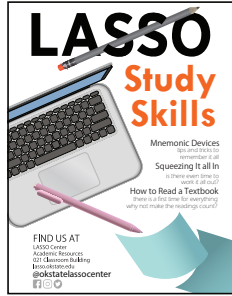
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday



STUDY TIPS LASSO

- **Don't Cram!**
A lot of studying is training your brain. Just like basketball or art you have to practice to get good at it.
- **Know the Test Format**
Studying in the same format you will receive the day of the test is a great way to be prepared.
- **Time your breaks**
Taking brain breaks is important, but being able to switch back to studying might not always be easy!
- **Write it out Loud**
Re-write your notes in your own words read them outloud.
- **SLEEP**
Your brain needs to get proper rest if you want it to function at 100%. Sleep is when your studying turns into long term memory.
- **Check Canvas**
Make sure your teacher hasn't posted any last minute study guides! Also check out what they uploaded during the semester that you may have forgotten.
- **LASSO Center**
Don't be afraid to reach out to all your on campus resources. Coming to LASSO Center is a great way to study and get the help you need to achieve your academic goals.

**DONT FORGET OUR OTHER PACKETS,
LASSO RESOURCES HAVE YOU COVERED!**



- 1** Write out your checklist for the day.
- 2** Whatever you don't get to today rolls over onto the next checklist. This way nothing gets missed and the checklist doesn't get out of hand.

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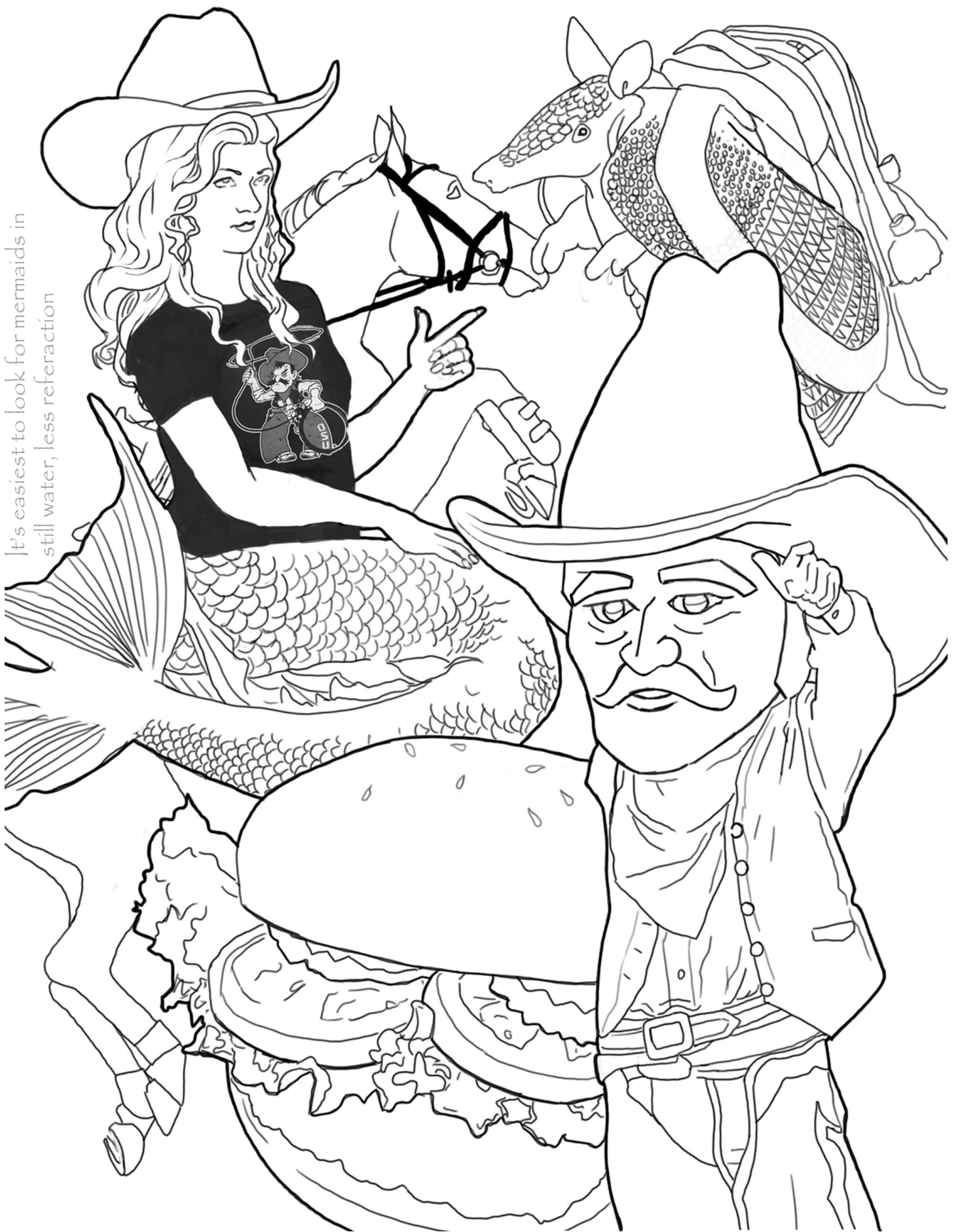


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It's easiest to look for mermaids in
still water, less refraction



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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7am							
8am							
9am							
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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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Course		Monday		Tuesday		Wednesday

