

Pre-Professional C.O.R.D. Rubric (Pre-Vet)

Earn at least **100** total points & at least **one** activity from **each** pre-professional category in gray.

Profession Exposure	Profession Experience		Profession Competencies & Skill Development		Professional School Readiness		Use this sheet to track your points
OSU PROFESSION-RELATED CLUB MEMBERSHIP: Active member in an OSU club/organization related to your long-term professional goals for at least <u>one</u> year 5 points OR Active member for at least <u>two</u> years 10 points	PREP RESOURCES: Review OSU Career Services Resume Resources area online AND one of the following: While at OSU, create and/or update your resume with OSU Career Services OR Meet with an OSU Career Coach to prepare for future networking opportunities 5 points total	INDUSTRY WORKSHOPS/ SEMINARS: Attend workshops or seminars focused on skills important for professional school, such as profession-related research, public speaking, or critical thinking OR Attend a veterinary school open house or admissions event 5 points per event 10 points max	LEADERSHIP: Serve in officer position in any club/organization for at least <u>one</u> semester OR Participate in an OSU Hargis Leadership Institute program such as LEAD Week, Lead4Success and/or Leadership Coaching activities 10 points total	COMMUNICATION: While at OSU, participate in a non-academic presentation related to your desired profession Presentations can be delivered in person or virtually at on-campus, state, regional, or national conferences, as well as through public-speaking engagements 5 points per presentation 10 points max	FACTORS BEFORE APPLYING: Complete the OSU Pre-Professional "Factors to Weigh Before Applying" document for at least one professional school of your choice 10 points PROFESSIONAL SCHOOL PREP: Fill in a regional unofficial prerequisite guide for a program listed on the OSU Pre-Professional website OR Complete an exam prep course applicable to your veterinary program of choice 10 points	KNOW YOUR PROFESSIONAL SCHOOLS: Research your top 3 veterinary schools. Confirm if they require an entrance exam to apply and which application portal(s) are used to apply 5 points PERSONAL STATEMENT: Attend a personal statement workshop hosted by OSU Pre-Professional Health & Law Support Services 10 points	<u>Profession Exposure</u> <