Pre-Professional C.O.R.D. Rubric (Pre-Vet)

Earn at least **100** total points & at least **one** activity from **each** pre-professional category in gray.

Profession Exposure	Profession Experience		Profession Competencies & Skill Development		Professional School Readiness		Use this sheet to track your points
OSU PROFESSION-RELATED CLUB MEMBERSHIP: Active member in an OSU club/organization related to your long-term professional goals for at least one year 5 points OR Active member for at least two years 10 points SECOND OSU PROFESSION- RELATED CLUB MEMBERSHIP: Active membership in a second OSU club/organization related to your long-term professional goals 5 points	PREP RESOURCES: Review OSU Career Services Resume Resources area online AND one of the following: While at OSU, create and/or update your resume with OSU Career Services OR Meet with an OSU Career Coach to prepare for future networking opportunities 5 points total	INDUSTRY WORKSHOPS/ SEMINARS: Attend workshops or seminars focused on skills important for professional school, such as profession-related research, public speaking, or critical thinking OR Attend a veterinary school open house or admissions event 5 points per event 10 points max	LEADERSHIP: Serve in officer position in any club/organization for at least one semester OR Participate in an OSU Hargis Leadership Institute program such as LEAD Week, Lead4Success and/or Leadership Coaching activities 10 points total	COMMUNICATION: While at OSU, participate in a non-academic presentation related to your desired profession Presentations can be delivered in person or virtually at on-campus, state, regional, or national conferences, as well as through public-speaking engagements 5 points per presentation 10 points max	FACTORS BEFORE APPLYING: Complete the OSU Pre- Professional "Factors to Weigh Before Applying" document for at least one professional school of your choice 10 points PROFESSIONAL SCHOOL PREP: Fill in a regional unofficial prerequisite guide for a program listed on the OSU Pre- Professional website OR Complete an exam prep course applicable to your veterinary program of choice 10 points	KNOW YOUR PROFESSIONAL SCHOOLS: Research your top 3 veterinary schools. Confirm if they require an entrance exam to apply and which application portal(s) are used to apply 5 points PERSONAL STATEMENT: Attend a personal statement workshop hosted by OSU Pre- Professional Health & Law Support Services 10 points	Profession Experience Profession Competencies & Skill Development
COMMUNITY-BASED PROFESSION-RELATED MEMBERSHIP: Active member of non-OSU profession-related community club/organization for at least one year 5 points OR Active member for at least two years 10 points INDUSTRY LITERATURE: Read books recommended by	INDUSTRY EXPERIENCE: Complete a veterinary- related experience, such as shadowing, working as a vet/animal technician or assistant, laboratory animal caretaker, or an internship, for a minimum of 100 hours 25 points	INDUSTRY NETWORKING: Attend a profession- related networking event, such as OSU Health, Vet & Law Week, career fairs, guest lectures, or panel discussions with veterinarians or current veterinary school students 5 points per event		TEAMWORK/ COLLABORATION: While at OSU, participate in a non-academic team in which you collaborated with others to achieve shared goals and priorities for at least one year 10 points ARCH: research symposium, a		FINANCIAL LITERACY/PAYING FOR PROFESSIONAL SCHOOL: Review any of the free AVMA Finance Your Veterinary Medical Education resource(s) of your choice 5 points E-PROFESSIONAL	Professional School Readiness
OSU Pre-Professional Services 5 points per book 25 points max		10 points max	research team not tied non-paid community	to academic credit, or a research experience oints	HE.	ALTH AND LAW PPORT SERVICES	